



## 19th Annual Symposium of the FFAT

Saturday 30 and Sunday 31 March 2019 in Paris

### NatureS and CultureS in Arts-Therapies

Translation in English for not-French speaking participants.

Registration before March 10th 2019.

Address : Maurice Ravel Center, 6 avenue Maurice Ravel, 75012 Paris

Tram T3a: Montempoivre / Bus 29: Jules Lemaitre-Maurice Ravel / Metro line 6: Bel Air

For accommodation and catering, contact: +33 - 01 43 58 96 00 or [reservation@cisp.fr](mailto:reservation@cisp.fr)

"In my opinion, the work of the grass is no less important than the toil of the stars. » Walt Whitman

"By listening to reason, it is wise to grant that all things are one." Heraclitus of Ephesus

#### Argument

How do arts therapies fit into the new cultural positions towards nature - idealized, protected, devastated? Or perceived as a return to sources? How can we link our reflection to the scientific attitude towards the natural environment if arts therapies are part of the social/and mental health related sciences ?

How the art process, whether individual or groupal, can be accompanied by arts therapists?

Creativity is a major element of human nature. It stands out in the individual and group expressions.

We propose to explore this theme connected with our practice, in clinical, educational or social fields and with the most diverse artistic media.

#### Programme :

Saturday, March 30th, 2019

**8h30-9h15** Reception of the public

**9h30** Opening - **Brigitte Dumez**, President of the FFAT

**9h45-10h45** Round table - debate

• **Jean-Pierre Royol**, psychologist, trainer, art therapist

« The "logical-not-logical" would be that part of the psyche that escapes the grip of culture and that the art therapist can accommodate in a poetic artefact/space. »

• **Irina Katz-Mazilu**, art therapist, visual artist

« The Augmented Human - or Why is the Baron of Münchhausen an excellent art therapist? » Some

ideas and images to question the construction of the *being-a-human* between nature and culture.

• **Paula Martinez-Takegami**, dance movement therapist, dance therapist, supervisor, biologist  
ethologist

« The bridge of arts: between nature and culture ». Dance movement therapy in the accompaniment of psychotic adolescents.

**10h45 -11h15** - Coffee break

11h15-12h45 - General Assembly of the FFAT

**12h45-14h** - Lunch break

Free lunch in the lobby or catering in the cafeteria.

**14h-15h45** Pre-registration required, please indicate a choice of room :

**Room 1** (Theater): 2 conferences

• **Nadia de Baecker**, art therapist (Switzerland) and a graduate in visual arts

« At the crossroads of resilience » - Presentation of a mountain camp for children and young people having experienced sexual violence, practice of decentering, both in creation and geographically.

• **Olivier Saint-Pierre**, art therapist, trainer

« Landscape and horizons » - How to bring the patient from his self-centered representation to a possibility of horizon.

**Room 2** (Nation): story telling and art workshop

**Leonid Khayet**, psychologist, art therapist, trainer (Russia)

« Nature and Culture in story telling » - Exploring transcultural Natural and Cultural Elements in Russian and French tales. Finally, does nature exist?

**Room 3** (Paul Bert): art and weaving workshop

**Catherine Briand**, art therapist and **Anne Hamel**, psychiatrist ; plastic arts workshop / weaving

« Weaving in between Nature and Culture » - The woven self. Please bring scissors and never used pieces of cloth. This group work already started with other groups will be part of an exhibition, with the participants' agreement.

**Room 4** (Paul Valery): clay workshop

**Corinne Astier**, ceramic artist, art therapist, trainer, and **Nathalie Green**, art therapist

« The Path of the Earth » - haptic concept, supporting hands in clay, creation of a final piece.

**15h45-16h**: Coffee break

**16h-17h45** Pre-registration required, please indicate a choice of room

**Room 1** (Theater): 2 conferences

• **Corinne Astier** and **Nathalie Green** art-therapists

« Art therapy with clay in nature - Difference of practice in the workshop and outdoors. »

• **Catherine Briand**, art therapist and **Anne Hamel**, psychiatrist

« Weaving in between, between Nature and Culture - Resilience, a new continent of hope. »

**Room 2** (Nation): art workshop

**Liudmila Lebedeva**, Doctor of Education, Professor of Psychology (Russia)

« Art Therapy and "Cleaning Up" « - An Exploration of Conscious Retrospection of Emotional Memory and its eco-symbolic "purification" to restore psycho-emotional resistance.

**Room 3** (Paul Bert): music therapy workshop

**Emilie Tromeur-Navaresi**, clinical music therapist NMT

« Some facets of music therapy in palliative care through voice » Taking into consideration that the sound is our first perception of the world, is singing a return to sources?

**Room 4** (Paul Valery): clay and natural elements workshop

**Diana Collins**, art psychotherapist

Exploring generosity: linking with nature and between human beings.

Please bring a leaf, stone, twig or bark ... what you like, that caught your attention. Be ready to share!

**End of the first day 18h**

Sunday, March 31, 2019,

**9h30-10h30** Conference (Theater Room)

**Joanne Lara**, MA, CCT, MSED, and **Jane Ferris Richardson**, EdD, ATR-BC, RPT, RPT-S, LMHC (USA)

« Expressive Arts for individuals with autism » This lecture explores the contribution of music and movement to the brain's treatment of auditory, visual and motor planning in the 4 lobes, and compares samples of visual art produced before and after by young people with autism.

**10h30-10h45** Coffee break

**10h45-11h30** Conference

**Diana Collins**, art psychotherapist

« The Call of the Wild / The call of Nature » A transcultural journey knit around personal and professional life.

**11h00-12h15** Conference

**Josette Coppe**, clinical psychologist, psychotherapist, facilitator-therapist of art/writing workshops  
« An intercultural experience in Benin - "The strength of the baobab is in its roots" (African proverb) »

**12h15-13h** – Conclusion of the Conference

### **14h – 18h - MASTER CLASSES**

The master classes are offered by our foreign guests, facilitating their participation via the required financial support. Registration for master classes is via the attached flyers (and not by the conference online registration form).

The number of participants in each master-class is limited and registration will follow the arrival order.

Sunday, March 31, 2019, 14h-18h, choice and pre-registration required ; the details of each master class contents and registration are visible on the FFAT site's homepage.

Contact: ateliershirondelle@gmail.com - Price: 40 €.

#### **Master Class 1** Nation Room

**Leonid Khayet**, psychologist, art therapist, consultant of the Aid Service (Berlin), author of more than 200 writers, scientists, trainer in Russia, Ukraine, Belarus, Poland, Czech Republic, Germany.

« The Gift » The purpose is to highlight the personal growth and therapeutic capacities associated with gift concept by the art therapy approach. What means receive or offer a gift?

#### **Master Class 2** Paul Bert Room

**Joanne Lara** MA, CCT, MEd, and **Jane Ferris Richardson**, EdD, ATR-BC, RPT, RPT-S, LMHC (USA)

« Nature as a resource for creative development with Expressive Art-Therapy & Play Therapy for children with autism » - Music, movement and art / Using nature as a resource for Creative Growth in Expressive Arts & Play Therapy for Children on the Autism Spectrum.

#### **Master Class 3** Salle Paul Valéry

**Liudmila Lebedeva**, Doctor of Education, Professor of Psychology, Vice-Rector for Cooperation International in Research of the Vocational Training Institute of Moscow, Russia.

« Unusual Forest » - Art therapy in the study and transformation of personal failure experience  
Appealing to the image of a tree as a universal symbol based on the integration of art therapy classical and ecological methods facilitates the processes of introspection of personal failure experienced in crisis situations.

**Programme and registration for the Symposium are available online : [www.ffat-federation.org](http://www.ffat-federation.org)**

**Flyers and Registration for the Master Classes are available on the home page of the website.**